



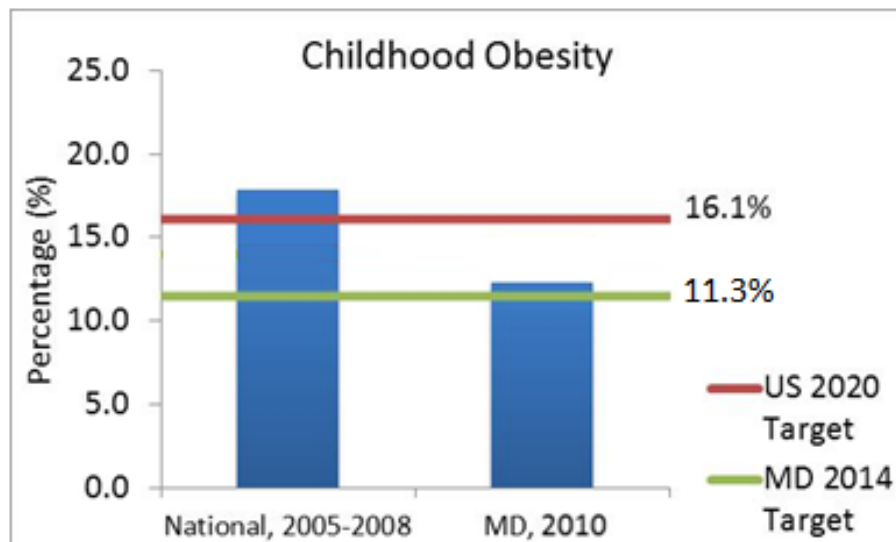
Vision Area 5: Chronic Disease

Objective 31: Reduce the proportion of children and adolescents who are obese

In 20 years, the percentage of overweight/obese children has more than doubled and, for adolescents, tripled. It is predicted that the current generation of children will be the first in modern history to have a shorter life span than their parents. Overweight/obese children are at increased risk of developing other chronic diseases, such as Type 2 diabetes, than those at a healthy weight.

Statistics and Goals

Measure: Percentage of children who are obese



Source: National Health and Nutrition Examination Survey and the Maryland Youth Tobacco Survey

Current US Baseline	Current MD Baseline	Healthy People 2020 Target	MD 2014 Target
17.9%	11.9%	16.1%	11.3%

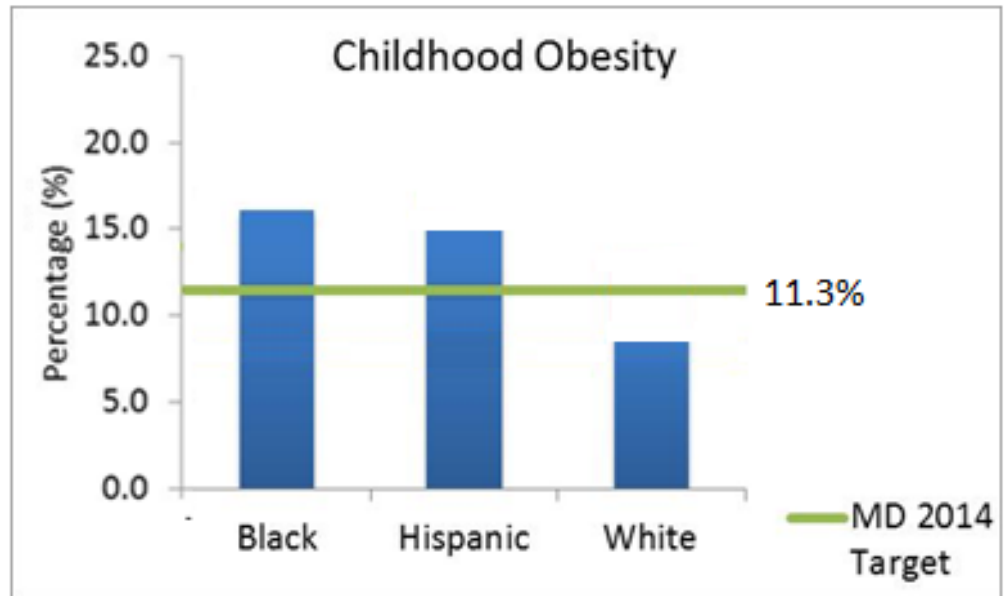
Go to Healthy People 2020 Objective

Detailed data information

link to <http://www.healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicId=29>
link to VA5, Objective 30, additional data

Disparities in Maryland

Measure: Percentage of children who are obese



Source: Maryland Youth Tobacco Survey, 2010 - Race and Hispanic origin are reported separately. Data for persons of Hispanic origin are included in the data for each race group according to self-reported race.

Black	Hispanic	White	MD 2014 Target
15.8%	15%	8.8%	11.3%

[For more disparities information...](#)